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ORIGINAL ARTICLE

Survival in idursulfase-treated and untreated patients with mucopolysaccharidosis type II: data from the Hunter Outcome Survey (HOS)

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Abstract Mucopolysaccharidosis type II (MPS II; Hunter syndrome; OMIM 309900) is a life-limiting, multisystemic disease with varying presentation and severity. Enzyme replacement therapy with intravenous idursulfase (EC 3.1.6.13) has been available since 2006. Data from the Hunter Outcome Survey (July 2016) were used to compare survival in idursulfase-treated ($n = 800$) and untreated ($n = 95$) male patients followed prospectively in this multinational, observational registry. Median age at symptom onset was similar for the treated and untreated groups (1.6 and 1.5 years, respectively), as was median age at diagnosis (3.3 and 3.2 years) and the proportion of patients with cognitive impairment (58.0%; 57.9%). The proportion of idursulfase-treated patients differed according to geographical region. Overall, 124/800 (15.5%) treated and 28/95 (29.5%) untreated patients had died. Respiratory failure was the most common cause of death (treated, 43/124 [34.7%]; untreated, 10/28 [35.7%]). Median survival (95% confidence interval [CI]) was 33.0 (30.4, 38.4) years in treated patients and 21.2 (16.1, 31.5) years in untreated patients; median follow-up time from birth to death or last visit was 13.0 and 15.1 years, respectively. A Cox model adjusted for treatment status, cognitive impairment, region and age at diagnosis indicated a 54% lower risk of death in treated compared with untreated patients: hazard ratio (HR), 0.46 (95% CI: 0.29, 0.72). Patients with cognitive impairment had nearly a fivefold higher risk of death than those without (HR, 4.84 [3.13, 7.47]). This analysis in a large population of patients with MPS II indicates for the first time that idursulfase treatment is associated with increased survival.

Keywords Hunter syndrome · Lysosomal storage disease · Enzyme replacement therapy · Idursulfase · Mortality

Introduction

Mucopolysaccharidosis type II (MPS II; Hunter syndrome; OMIM 309900) is a rare, life-limiting, multisystemic, X-linked lysosomal storage disease. The disorder is caused by mutations in the *IDS* gene, which encodes the lysosomal enzyme iduronate-2-sulfatase (I2S; EC 3.1.6.13) (Neufeld and Muenzer 2001). Deficiency in I2S activity leads to gradual accumulation of glycosaminoglycans in organs and tissues throughout the body. The resulting signs and symptoms can include both somatic and neurological involvement and are progressive in nature (Neufeld and Muenzer 2001; Wraith et al 2008a; b). Those affected by MPS II are almost always males (Neufeld and Muenzer 2001), with an estimated incidence of 0.6–1.3 per 100,000 live male births (Meikle et al 1999; Poorthuis et al 1999; Baehner et al 2005; Tylki-Szymanska 2014).

Clinical presentation in patients with MPS II is highly variable and the disorder has a broad spectrum of severity (Neufeld and Muenzer 2001). For clinical purposes, patients are generally considered to be in one of two categories

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according to the presence or absence of cognitive impairment. In patients with cognitive impairment, somatic involvement is usually severe and of early onset and may include coarse facial features, bone and joint abnormalities, short stature, respiratory and cardiac disease and hearing abnormalities. Somatic involvement in patients without cognitive impairment can range from being severe with early onset to much less severe with later onset (Young et al 1982; Young and Harper 1983; Neufeld and Muenzer 2001; Schwartz et al 2007; Wraith et al 2008b); this group of patients usually exhibits minimal or no neurological involvement.

Management of patients with MPS II requires a multidisciplinary approach involving a range of specialties such as cardiology, neurology, psychology, pulmonology and orthopaedics (Wraith et al 2008a; Muenzer et al 2009; Scarpa et al 2011). Disease-specific treatment in the form of enzyme replacement therapy (ERT) with recombinant I2S (idursulfase [Elaprase®]; Shire, Lexington, MA, USA) became available in the USA in 2006 and Europe in 2007, and alleviates many of the somatic signs and symptoms of the disorder (Muenzer et al 2011); before this, symptomatic management was the only possible treatment approach.

The life expectancy of untreated patients with MPS II is considerably shorter than that in the general population. Individuals with severe cognitive impairment typically die in their second decade, usually as a result of respiratory obstruction and/or cardiac failure (Neufeld and Muenzer 2001; Wraith et al 2008b; Jones et al 2009). Those who experience only somatic involvement may survive into their fifth or sixth decade (Neufeld and Muenzer 2001; Wraith et al 2008b; Jones et al 2009). Survival has improved since 1985, hypothesized to be a result of improvements in supportive care and an increased awareness and understanding of the disease; the latter factors may have led to increased recognition of less severely affected patients and thus an increase in overall life expectancy (Jones et al 2009; Muenzer et al 2009; Scarpa et al 2011). The impact of ERT with idursulfase on survival and causes of death in patients with MPS II has not yet been evaluated.

The Hunter Outcome Survey (HOS) is a large multicentre, observational registry that was launched in 2005 to collect real-world data on the natural history of MPS II and the long-term safety and efficacy of ERT with idursulfase (Wraith et al 2008a, Muenzer et al 2017). The aim of this analysis was to compare survival in idursulfase-treated and untreated patients with MPS II. Causes of death were also evaluated.

Materials and methods

Registry design and data collection

HOS is designed to collect data on individuals with MPS II during routine patient visits and assessments (Wraith et al 2008b). All patients with a biochemically or genetically confirmed diagnosis of MPS II are eligible for enrolment; this includes those receiving intravenous idursulfase (or a bone marrow transplant [BMT]) and those who are not being treated. Individuals receiving treatment with an ERT product other than intravenous idursulfase are not eligible for enrolment. 'Prospective patients' are defined as those who are alive at study enrolment; if local regulations permit, deceased patients may also be enrolled ('retrospective patients') as described previously (Wraith et al 2008a; Jones et al 2009). A broad range of disease- and treatment-related information is captured in the registry, both prospectively and retrospectively (e.g. from medical histories). The study is observational in nature and the design does not include any predetermined assessments; patient visits and assessments occur as deemed appropriate by the managing physician.

Patient population

As of July 2016, 1200 patients were enrolled in HOS at 134 centres in 33 countries. Of these, 1034 were being followed prospectively. Two main groups of patients were included in this analysis: all male patients followed prospectively who had either received at least one dose of intravenous idursulfase ('treated patients') or who had never received intravenous idursulfase ('untreated patients'). Patients who had received a BMT or who had died before their data were entered into the registry (retrospective patients) were excluded. Two individuals received treatment with intrathecally delivered idursulfase via participation in a clinical trial (SHP609-302, ClinicalTrials.gov identifier: NCT02412787) and so were no longer eligible to participate in HOS; for these patients, data after the date of surgical implantation of the intrathecal drug delivery device (IDDD) were not included in this analysis.

Data analysis

Demographic information, including age at onset of signs and symptoms, age at diagnosis, geographic region of residence, proportion of patients with cognitive impairment and number of patients who had died, was analysed for all patients in the treated and untreated groups for whom data were available. The presence of cognitive impairment was determined by the assessing healthcare professional on the basis of the answer to the yes/no question 'Cognitive impairment?' For the purposes of this analysis, a patient was considered to have cognitive impairment if the answer was recorded as 'yes' at any time; the answer to this question could have been based on clinical impression and/or standardized cognitive testing. Summary statistics of demographic data were calculated for the treated and untreated groups; no formal comparisons were made.

Causes of death recorded in the database were analysed in the treated and untreated groups. 'Other' is a category in the

database in which causes of death not covered by the main database fields may be recorded using free text. The free text was reviewed by the authors (B.K.B., S.A.J.) from a medical perspective. In some cases, the cause of death was considered to fall under a main database category; in these instances, deaths originally listed as 'Other' were reclassified into the appropriate main category and the reclassification verified by the HOS Biostatistician (V.J.) and HOS Medical Monitor (Shire, Zug, Switzerland).

Survival time was defined as the time from date of birth to date of death. Date of birth was chosen as the reference point for both the treated and untreated groups because no common starting point was available for the start of intervention (treatment). Patients still alive at the time of the data extraction were censored at the last date on which they were known to be alive. Individuals who participated in the clinical study of intrathecal idursulfase were censored at the date of surgical implantation of the IDDD; these two patients had been on intravenous idursulfase for almost 4 years.

Kaplan–Meier analyses were used to estimate survival probability in the treated and untreated groups. Median patient follow-up time (from birth to last recorded visit) was also estimated for each group; patients may have been enrolled in the registry at any point during that period.

Multivariate Cox regression modelling was used to generate the hazard ratio (HR) for survival of treated versus untreated patients. The following variables were included in the primary Cox model: treatment status, presence of cognitive impairment and region of residence (as categorical covariates); and age at diagnosis (as a continuous covariate). Only patients with data available for all covariates were included in the model. The impact of each covariate on risk of death was also considered. Direct adjusted survival curves based on the primary Cox model were generated for the treated and untreated groups (Zhang et al 2007).

Additional sensitivity analyses utilizing Cox regression methodology were performed, including (a) investigation of the treatment effect on survival when patients with limited exposure to idursulfase were excluded (covariates used were the same as in the primary model; only patients who had received ERT for at least 6 months were included) and (b) the impact on survival of potential differences in supportive care. The latter was assessed by incorporating the occurrence of surgeries (yes/no) into the Cox model as covariates. Surgeries considered were adenoidectomy, cervical decompression, spinal fusion (HOS database categories, cervical/cervicolumbar fusion), gastrostomy/percutaneous endoscopic gastrostomy tube insertion, intracranial shunt placement/replacement, tonsillectomy, tracheotomy and valve replacement/repair. Choice of surgeries for inclusion was based on potential impact on survival and the degree to which performance of the procedure is likely to reflect the extent of overall patient care; surgeries commonly performed before diagnosis of MPS II were not included.

All analyses were performed using SAS® software version 9.3 (SAS Institute, Cary, NC, USA). Continuous data were summarized using medians and 10th, 90th percentiles (P10, P90).

Results

Patient characteristics

Table 1 displays the patient characteristics. In total, 895 male patients were included in this analysis: 800 treated and 95 untreated. The demographics of the treated and untreated groups were generally similar, with a median age (P10, P90) at symptom onset of 1.6 (0.3, 4.3) and 1.5 (0.2, 4.2) years, and a median age at diagnosis of 3.3 (1.0, 7.1) and 3.2 (0.9, 10.8) years, respectively. Median age at HOS entry was 7.9 (2.6, 21.1) years for the treated patients and 10.1 (2.8, 21.0) years for the untreated patients. Treated patients first received idursulfase at a median age of 6.9 (2.1, 19.8) years; median ERT duration was 57.8 (10.6, 106.2) months. The proportion of idursulfase-treated patients differed according to geographical region (Table 1); overall, most patients were from Europe and North America irrespective of treatment status. Similar proportions of treated and untreated patients had cognitive impairment at any time: 58.0% and 57.9%, respectively (Table 1).

Of the individuals included in the analysis, 124 treated patients (15.5%) and 28 untreated patients (29.5%) had died (Table 1). The most common cause of death was respiratory failure (treated patients, 43/124 [34.7%]; untreated patients, 10/28 [35.7%]). Other common causes of death in both groups were cardiac arrest and pneumonia (Fig. 1). Eight treated patients (6.5%) and one untreated patient (3.6%) had causes of death that were classified as 'other'; these included malnutrition/dehydration, haemorrhage and neurological complications. The cause was classified in HOS as 'unknown' for 31 treated patients (25.0%) and 10 untreated patients (35.7%).

Patient survival

Kaplan–Meier analyses

Median survival based on Kaplan–Meier estimates (95% confidence interval [CI]) in treated and untreated patients was 33.0 (30.4, 38.4) years and 21.2 (16.1, 31.5) years, respectively (Fig. 2A). Median (95% CI) follow-up time from birth to death or last-recorded visit was 13.0 (12.3, 13.8) years in treated patients and 15.1 (11.1, 18.8) years in untreated patients.

Table 1 Patient characteristics

|	Overall (N = 895)	Treated patients[a] (n = 800)	Untreated patients[b] (n = 95)
Age at onset of symptoms, years	(n = 719)	(n = 639)	(n = 80)
Median (P10, P90)	1.5 (0.3, 4.3)	1.6 (0.3, 4.3)	1.5 (0.2, 4.2)
Age at diagnosis, years	(n = 797)	(n = 711)	(n = 86)
Median (P10, P90)	3.3 (1.0, 7.9)	3.3 (1.0, 7.1)	3.2 (0.9, 10.8)
Delay in diagnosis, years	(n = 675)	(n = 599)	(n = 76)
Median (P10, P90)	1.0 (0.0, 4.4)	1.0 (0.0, 4.3)	1.0 (0.0, 5.8)
Age at first treatment, years	NA	(n = 800)	NA
Median (P10, P90)	NA	6.9 (2.1, 19.8)	NA
Length of time on treatment, months	NA	(n = 800)	NA
Median (P10, P90)	NA	57.8 (10.6, 106.2)	NA
Age at HOS entry, years	(n = 895)	(n = 800)	(n = 95)
Median (P10, P90)	8.2 (2.6, 21.0)	7.9 (2.6, 21.1)	10.1 (2.8, 21.0)
Age at last visit, years	(n = 895)	(n = 800)	(n = 95)
Median (P10, P90)	12.5 (5.2, 25.7)	12.5 (5.3, 25.8)	13.1 (3.5, 25.7)
Cognitive impairment at any time[c] (yes/no), n (%)	(n = 895)	(n = 800)	(n = 95)
Yes	519 (58.0)	464 (58.0)	55 (57.9)
No	340 (38.0)	306 (38.3)	34 (35.8)
Missing	36 (4.0)	30 (3.8)	6 (6.3)
Region, n (%)	(n = 895)	(n = 800)	(n = 95)
Europe	430 (48.0)	402 (50.3)	28 (29.5)
North America	263 (29.4)	237 (29.6)	26 (27.4)
Latin America	166 (18.5)	138 (17.3)	28 (29.5)
Asia Pacific	36 (4.0)	23 (2.9)	13 (13.7)
Deceased, n (%)	(n = 895)	(n = 800)	(n = 95)
	152 (17.0)	124 (15.5)	28 (29.5)

[a] Male patients who were alive at HOS entry and had received at least one dose of intravenous idursulfase. [b] Male patients who were alive at HOS entry and had never received idursulfase. [c] For the purposes of this analysis, a patient was considered to have cognitive impairment if the answer was recorded as 'yes' on at least one occasion during the period from birth to HOS entry and at subsequent visits

HOS, Hunter Outcome Survey; NA, not applicable; P10, 10th percentile; P90, 90th percentile
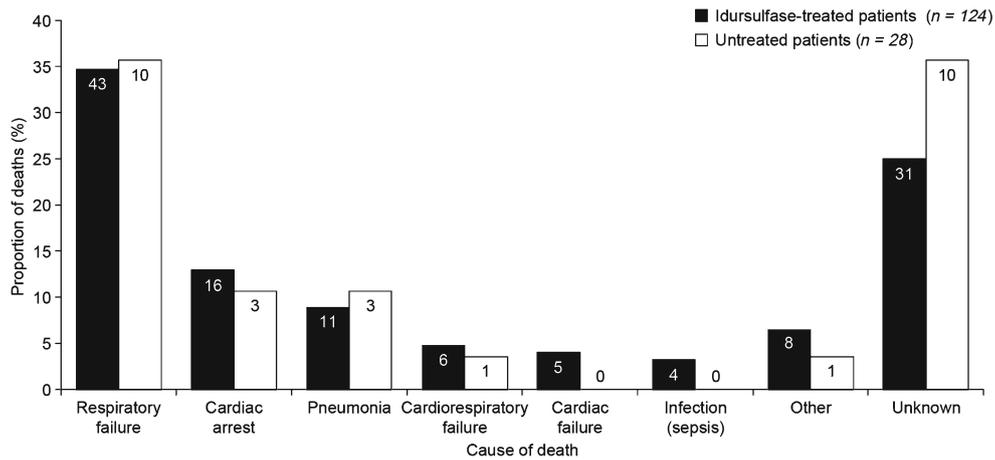
Fig. 1 Causes of death in idursulfase-treated ($n = 124/800$) and untreated patients ($n = 28/95$). 'Other' is a category in the HOS database in which causes of death not covered by the main database fields may be recorded using free text. The free text was reviewed by the authors (B.K.B., S.A.J.) from a medical perspective. In some cases, the cause of death recorded in the 'Other' category was considered to fall under a main database category; in these instances, deaths originally listed as 'Other' were reclassified into the appropriate main category and the reclassification verified by the HOS Biostatistician (V.J.) and HOS Medical Monitor. 'Unknown' is a category for cause of death that may be selected from a pre-specified field in the database. Patient numbers in each category are shown on the bars. HOS, Hunter Outcome Survey

Fig. 2 Survival curves for idursulfase-treated and untreated patients. a) Kaplan–Meier survival analysis for treated and untreated patients. b) Direct adjusted survival curves of predicted values for treated and untreated patients based on the primary Cox regression model. Multivariate Cox regression modelling for risk of death, adjusting for treatment status, cognitive impairment, geographical region of residence, and age at diagnosis. Survival was defined as the period from birth to date of death; for patients who were alive at the time of this analysis, censoring was performed at the last-recorded study visit
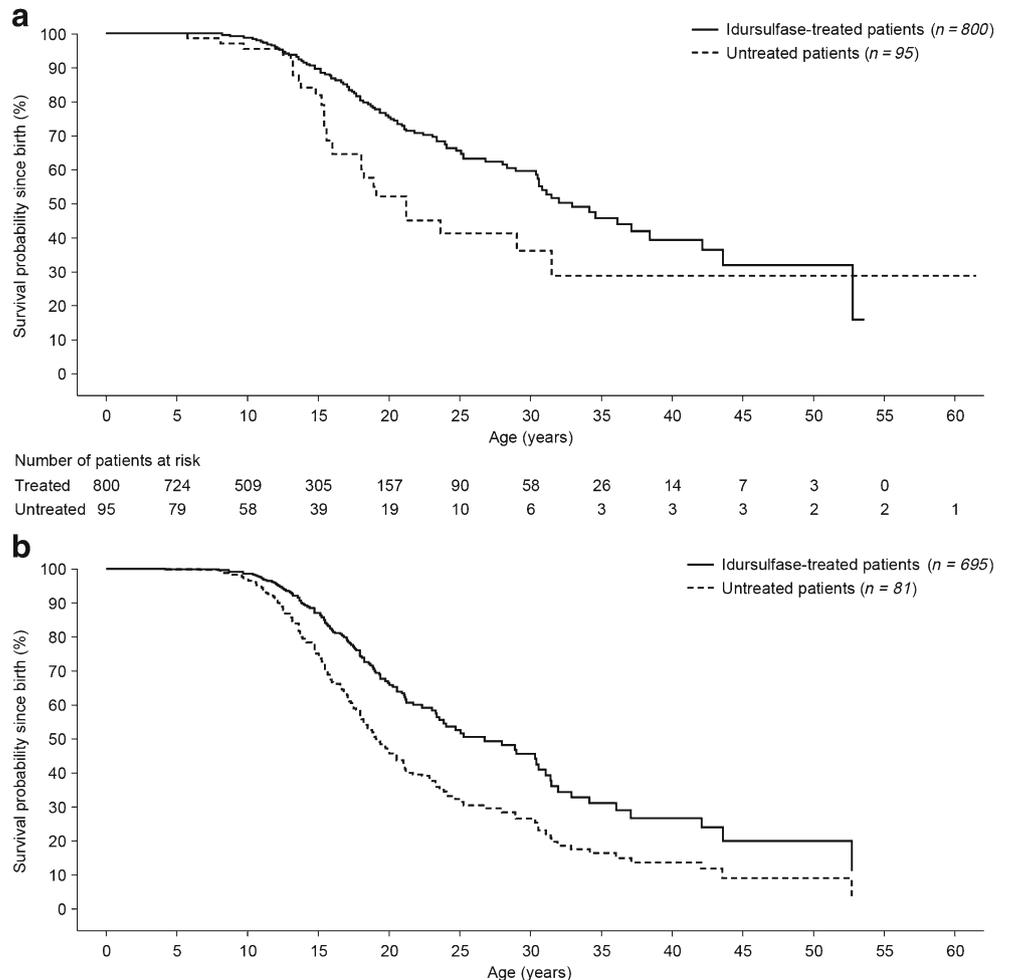
Table 2 Multivariate Cox regression model for risk of death

	Reference variable[a]	Adjusted hazard ratio (95% CI)
Treatment status (treated vs untreated)	Treated	0.46 (0.29, 0.72)
Cognitive impairment at any time, yes vs no	Cognitive impairment, yes	4.84 (3.13, 7.47)
Region:	North America	
Asia Pacific		1.00 (0.48, 2.07)
Europe		1.20 (0.78, 1.85)
Latin America		3.13 (1.83, 5.35)
Age at diagnosis (years)	NA	0.89 (0.84, 0.94)

Hazard ratio estimates and associated 95% CI were obtained from a multivariate Cox regression model for risk of death, adjusting for treatment status, cognitive impairment, geographical region of residence and age at diagnosis. Only patients with data available for all covariates were included in the Cox analysis ($n = 776$; 695 treated and 81 untreated patients); 113/695 treated patients (16.3%) and 28/81 untreated patients (34.6%) had died. Survival was defined as the period from birth to date of death; for patients who were alive at the time of this data extract, censoring was performed at the last-recorded study visit. [a] Reference variable applicable to categorical variables only; age at diagnosis is a continuous variable. CI, confidence interval; NA, not applicable

Multivariate Cox regression modelling

The adjusted HR for risk of death for treated versus untreated patients obtained from the primary Cox regression model was 0.46 (95% CI: 0.29, 0.72) (Table 2), corresponding to a 54% lower risk of death for treated patients compared with untreated patients; 113/695 treated patients and 28/81 untreated patients included in the model had died. Conversely, for untreated patients, the risk of death was approximately double that of treated patients. The increased probability for survival in the treated compared with the untreated group is illustrated in the adjusted survival curves (Fig. 2b); adjustment for the various covariates accounts for the smaller difference in median survival time between the two groups than is seen in the unadjusted Kaplan–Meier curves (Fig. 2a). Overall, the risk of death for patients from Latin America was approximately threefold greater than for those from North America (HR, 3.13 [95% CI: 1.83, 5.35]; Table 2); there was no significant difference for patients from other regions compared with North America. The risk of death was nearly fivefold higher in patients with cognitive impairment than in those without (adjusted for all covariates; HR, 4.84 [3.13, 7.47]).

Sensitivity analyses

Cox regression modelling was performed using the sub-cohort of patients who had received idursulfase for at least 6 months (a total of 747 treated and 94 untreated patients); 110/665 treated patients and 28/80 untreated patients included in the

model had died. The results of this analysis supported the finding from the primary model of an impact of idursulfase on survival and indicated a 55% lower risk of death for treated than untreated patients (HR, 0.45 [0.29, 0.70]; adjusted for all covariates, data not shown).

Analysis using Cox regression modelling of the impact on survival of occurrence of surgeries throughout the follow-up period of this study indicated a slight but non-significant increase in risk of death for patients who had undergone surgeries compared with those who had not (HR, 1.21 [0.82, 1.78]; adjusted for all covariates from the primary model, data not shown; 695 treated and 81 untreated patients).

Discussion

In this first analysis of survival and causes of death in idursulfase-treated and untreated patients with MPS II, we demonstrate improved survival with intravenous idursulfase therapy. Multivariate Cox regression modelling indicated a 54% lower risk of death in treated than in untreated patients, and patients with cognitive impairment had nearly a fivefold higher risk of death than those without. The most common causes of death in patients in this analysis were respiratory failure, cardiac arrest and pneumonia.

There are a multitude of factors that may impact the relative clinical outcomes in treated and untreated patients with a complex, variable, multi-systemic disease such as MPS II. Among these are potential differences in overall clinical management and care between patients receiving ERT and untreated patients. Clinical characteristics or levels of disease severity may also differ between the two groups. However, the demographic characteristics of the treated and untreated patients in our analysis had a high degree of similarity, including the proportion of patients with cognitive impairment. The primary Cox model adjusted for potential confounding factors and for any variables that were imbalanced between the two groups (e.g. region). We explored the potential impact of differing levels of medical intervention and supportive care by including the number of surgeries as a covariate in a secondary model, but found no significant impact on survival. A further factor may be access to treatment. The primary Cox model indicated a greater risk of death in Latin America than in other regions; it is possible that this is a result of local challenges in accessing intravenous idursulfase therapy or specialist healthcare, although further investigation would be needed to confirm this. It should be noted that there is always the possibility of an impact on the study results from unmeasured variables.

There are several age-related covariates that could have been included in the primary Cox model. Of these, we chose age at diagnosis as this is well-defined and is typically well-recorded according to the date of the confirmatory

biochemical or genetic test. In contrast, age at symptom onset may be based on recollection of previous signs and symptoms after formal diagnosis of MPS II; the date may not be clear cut and the judgement of the relationship of the symptom with MPS II may be subjective. Use of just one of these age-related covariates also resulted in inclusion of more patients in the primary Cox model, as well as eliminating any potential for co-linearity.

In this analysis, we also demonstrated that patients with cognitive impairment have a much higher risk of death than those without. This is consistent with a previous analysis of a smaller, retrospective, population from the HOS registry that showed that cognitive impairment substantially reduced survival (Jones et al 2009). It is important to note that the binary and subjective nature of the 'Cognitive impairment? yes/no' question in HOS results in some limitations, for example in capturing the extent of progressive cognitive decline. Nonetheless, categorization of patients on this basis provides useful insight into the occurrence of cognitive impairment and its impact on survival. Intravenously delivered idursulfase does not cross the blood–brain barrier in therapeutic concentrations and would not be expected to address the cognitive aspects of disease directly (Muenzer et al 2006; Muenzer et al 2012). The most common causes of death in our analysis (respiratory failure, cardiac arrest and pneumonia) had a somatic component; in addition, patients with neurological involvement may also have severe somatic disease. The multisystemic and progressive nature of MPS II means that a single cause of death is unlikely to reflect the full clinical picture in each patient. Nonetheless, the contribution of somatic aspects of disease to mortality is consistent with the positive impact of intravenous idursulfase on survival; approaches that aim to deliver therapeutic enzyme to the central nervous system are in development (Noh and Lee 2014; Muenzer et al 2016).

Registries such as HOS are especially valuable for rare diseases: the ability to follow a large number and broad spectrum of patients for a long period of time enables us to build on the knowledge gained in the formal clinical studies that are often restricted in scope (Muenzer et al 2017). However, registry data have some inherent limitations. For example, all data are collected during routine clinical evaluations and so there will be unavoidable differences between sites in the frequency of follow-up visits, the investigations performed at each visit and in standardization of the data collected (Muenzer et al 2017). The nature of the study population meant that various definitions of survival time were considered for use in this analysis; the period from birth to death or last-recorded clinic visit was chosen because there was no common variable for the start of intervention (intravenous idursulfase therapy). Although this approach does not adjust for time not receiving ERT, it is more robust than using other starting points, such as HOS

entry. It should also be noted that it is possible for patients to remain enrolled in the registry but be lost to follow-up and with their survival status at the time of the data extract therefore not recorded. Loss to follow-up in the analysis population was minimized by requesting updated information from the sites with patients for whom more than 3 years had elapsed between the most recent recorded visit and the date of data extraction, to ensure that updated information was entered in as many instances as possible. We did observe a greater loss to follow-up in the untreated than in the treated group; this imbalance between the groups perhaps reflects that patients receiving intravenous idursulfase visit the clinic more frequently and are more closely monitored than those who are not receiving infusions. As with any registry, it was not possible to control the size of each patient group. In addition, randomization of patients to the treated and untreated groups, which would minimize channelling bias, is not possible with registry data. However, the patients included in this analysis are believed to be representative of the broader MPS II population and both groups are considered to be comparable.

Our analysis in patients with MPS II also adds considerably to our overarching understanding of ERT and survival in the broader context of all MPSs. Only limited data are available for MPS I and MPS VI (Dornelles et al 2014; Giugliani et al 2014); whilst these small studies indicate a possible survival benefit with ERT, our analysis is the first to show an impact in a large population of treated and untreated patients. Overall, despite the complexities of the data, our analysis demonstrates a survival benefit with intravenous idursulfase treatment in patients with MPS II.

Conclusions

We demonstrate for the first time increased survival with intravenous idursulfase treatment in a large population of patients with MPS II: median survival was 33.0 (30.4, 38.4) years in treated patients and 21.2 (16.1, 31.5) years in untreated patients, and an adjusted Cox model demonstrated a 54% lower risk of death (95% CI: 0.29, 0.72) for treated compared with untreated patients. These results provide a valuable addition to our understanding of the long-term benefits of intravenous idursulfase therapy in patients with this rare, debilitating disease.

Compliance with ethical standards

Ethics approval statement   Independent Review Board/Ethics Committee approval was obtained for all participating centres. HOS is conducted in accordance with the Guidelines for Good Pharmacoepidemiology Practices, Good Research for Comparative Effectiveness Principles and the relevant principles of the International Conference on Harmonisation Good Clinical Practice guidelines (ICH E6).

Informed consent   Each patient, their parents or a legal representative provided signed and dated written informed consent for participation in the Hunter Outcome Survey (HOS). All patient information is managed in accordance with national data protection standards.

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